

# MARCH 2022

TEXAS A&M  
AGRI LIFE  
EXTENSION

## 4-H Club Meetings

**Tolar 4-H** - 1st Tuesday of the month at 6:30 pm at the Stonewater Church in Tolar.  
\*Facebook – @tolar4h\*

**Lipan 4-H** - 1st Thursday of the month at 6:30 pm at the Lipan Community Center,  
\*Facebook– Lipan 4-H\*

**Sharp Shooters 4-H** - Meets every Tuesday of the month at 6:30 pm at the Reunion Fairgrounds. Regular business meeting is on the 1<sup>st</sup> Tuesday of each month.  
\*Facebook– Hood County 4H Sharpshooters\*

**Young Riders** - 2nd Tuesday of the month at 7:00 pm. at Triple Cross Cowboy Church in the youth barn. See their Facebook for meeting updates.

**Cornerstone 4-H**- 2nd Wednesday of the month at 3:00 pm at Cornerstone Christian Academy.

**Lake Granbury 4-H**– 2nd Monday of the Month at 7:00 pm at Hood County Reunion. See their Facebook for updates.

**K9 & Kids**— Meets 1st & 2nd Thursday night at 6 pm at Reunion Grounds. No dogs for the third meeting. 3rd Thursday is Business meeting @ Granbury Baptist Church. 4th & 5th Thursdays are TBA .You must bring a vaccination record for each dog. See their [Facebook](#) pg.

**Food & Fashion**- 2nd Sunday of each month at 4:00– 6:00 in Annex 1 Meeting Room. Next Meeting Tuesday March 8th. \*Facebook– Hood County Food and Fashion Club\*

\*\*\* Please follow **Hood County 4-H** Facebook pg for news and updates\*\*\*

## **Buyers Plaques & Thank You Notes**

As soon as we get the buyers Thank You Note lists from the Hood County Livestock Raisers, we will let you know.

Remember :

- You will to take your buyers plaque to your buyer as soon as we get them in and you have picked them up from the Extension Office.
- You will need to write your thank you notes, put them in an unsealed, addressed envelope with a stamp and bring them to the Extension Office.
- After we check it off our list, we will put it in the mail.

## **Livestock Raisers Association**

The HCLRA meets on the 3<sup>rd</sup> Thursday of every month at 7:30 pm at the fairgrounds. We need more 4-H families to get involved with this group. They make the rules for the county show, up-keep the facilities and provide us a place and opportunity to show our projects. Next meeting is *March 17th 2022*.

# RECEIVING THE **Hood County Livestock Raisers Scholarship**

## **REQUIREMENTS:**

20 Hours of HCLRA Community Service (in 4 High School Years)

1-Page Essay "How has the Hood County Junior Livestock Show has benefited you?"

For more information go to the scholarship page: <https://www.hoodcountylivestockraisersassociation.org/county-stockshow>

# **Spring Contests**

Spring contests are just around the corner! See below for county deadlines & district contest dates. If any of these interest you as a 4-H'er or adult volunteer, please contact Hannah or London. We are happy to assist !

\* Continue to check Facebook for updates on all contest information \*

## **County Deadlines**

County Photography Registration-Feb. 14th-Mar.3@ 5pm

County Roundup Registration-( Education Presentation, Share-the-Fun, Public Speaking, CDM, Duds to Dazzle, ,Fashion Show, Storyboard) Mar 1-Mar 24th @ 5pm

**County Roundup**– March 31st @ 4pm

Exact contest times for Roundup to be released March 25

## **District Contest Dates**

Horse Judging – April 2nd, 2022,

Livestock Judging , Meat Judging & Identification – April 23rd, 2022,

Photography Contest– April 30th 2022.

Clothing & Textiles Contest– Duds to Dazzle, Fashion Show, Fashion Story Board– April 25th, 2022,

Consumer Decision Making– April 25th, 2022.

District Roundup– Education Presentations, Public Speaking, Share the Fun– April 30th, 2022.

Rifle Match– May 7th, 2022.

District Horse Show– June 13-14, 2022.

## Photography Contest

Entries are due Thursday March 3rd @ 5PM.

Please use the QR Code below.

Please contact the Extension Office with any questions you may have.



# Nacho Typical Mac N Cheese

## NACHO mac n cheese

### INGREDIENTS

- 12 OUNCES ELBOW MACARONI
- 1 POUND GROUND BEEF
- 2 CUPS FROZEN CORN KERNELS
- 14.5 OUNCES DICED TOMATOES
- 1 CUP 2% MILK
- 2 TABLESPOONS FLOUR
- 1 1/4 CUPS REDUCED FAT CHEDDAR CHEESE, SHREDDED
- 2 CUPS TORTILLA CHIPS, CRUSHED

### INSTRUCTIONS

1. COOK MACARONI ACCORDING TO THE PACKAGE DIRECTIONS.
2. IN A LARGE SKILLET BROWN THE GROUND BEEF. ONCE THE BEEF IS BROWNED, ADD CORN, DICED TOMATOES, MILK AND FLOUR; BRING TO A SLOW BOIL.
3. ADD IN THE COOKED MACARONI AND THE CHEESE. STIR UNTIL CHEESE IS MELTED AND MACARONI IS COATED.
4. REMOVE FROM HEAT AND TOP WITH CRUSHED TORTILLA CHIPS.

### Nutrition Facts

10 servings per container  
Serving size (201g)

Amount per serving  
**Calories 350**

	% Daily Value*
<b>Total Fat</b> 8g	10%
Saturated Fat 3.5g	18%
Trans Fat 0g	
<b>Cholesterol</b> 50mg	17%
<b>Sodium</b> 230mg	10%
<b>Total Carbohydrate</b> 45g	16%
Dietary Fiber 3g	11%
Total Sugars 4g	
Includes 0g Added Sugars	0%
<b>Protein</b> 25g	
<b>Vitamin D</b> 0mcg	0%
<b>Calcium</b> 195mg	15%
<b>Iron</b> 3mg	15%
<b>Potassium</b> 500mg	10%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



**DINNER  
TONIGHT**  
TEXAS A&M AGRILIFE EXTENSION

# Spring Contest Workshop

## CDM Workshops

March 10 @ First Christian Church

Hood County 4-H



## Consumer Decision Making

If you are interested in participating in the upcoming Consumer Decision Making contests, join us at these workshops. Whether your brand new or a seasoned competitor, these workshops are for you!

February 3rd  
March 10th

5:30 PM at First Christian  
Church of Granbury  
(2109 W US Hwy 377)



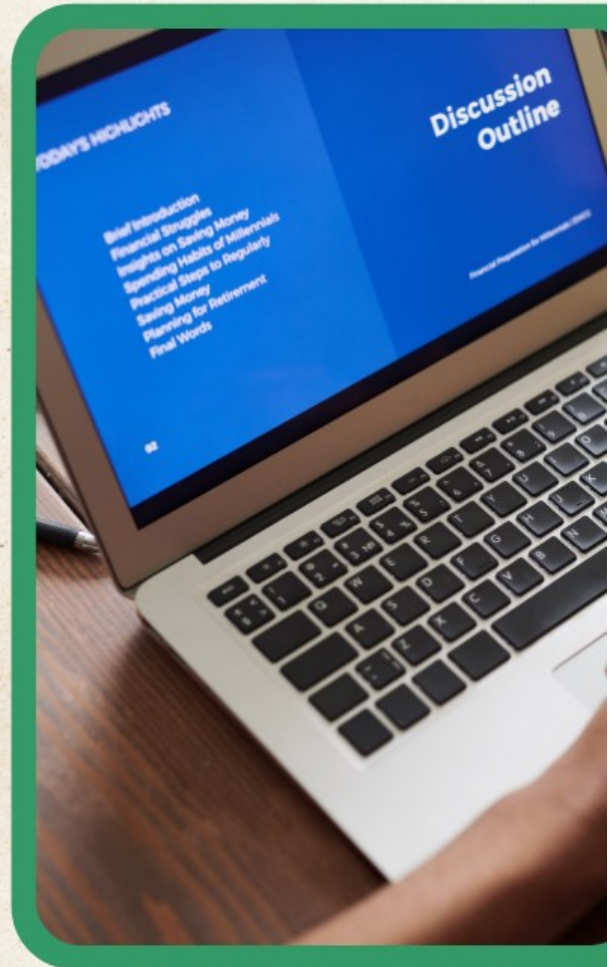


# EDUCATIONAL PRESENTATION WORKSHOPS

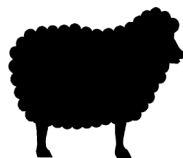
February 15th- Brainstorm Night! If you need help finding your direction or topic, we are here to help!

March 7th- Presentation Prep & Practice! Let's prepare and fine tune your presentation!

**4:30-6:30, HOOD CO. LIBRARY**



State Fair of Texas Lamb & Goat tags  
are due this **Month!!!**  
Please Notify the office



## Record Books

It's time to start thinking about record books! They will be due to the Extension Office by June 3rd. Call the Extension

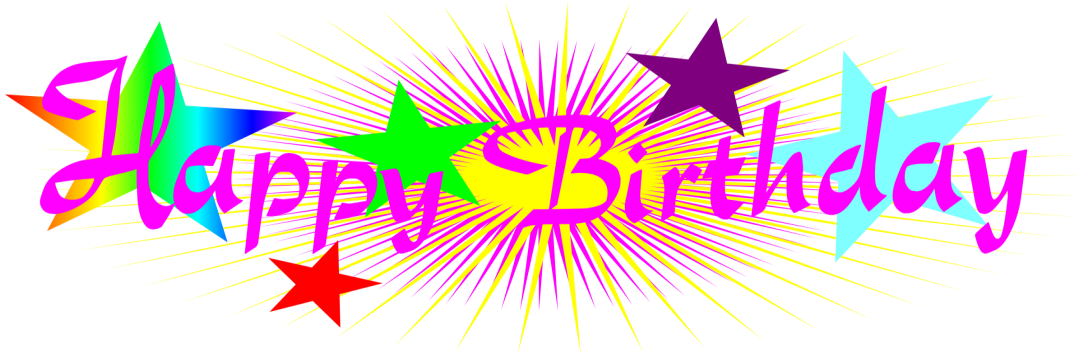
Office if you have any questions about how to get started!



### Record Book Workshop

April 14th 2022 – 4:30pm

Location to be determined



Trystin Adams  
Emma Bagley  
Brynn Combs  
Walker Feemster  
Abby Houck  
Collin Jennings  
Ayla Lambert  
Carter Ledesma  
Cassandre Shepherd  
Hadley Vann



# MARCH 2022

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

1-County Roundup Registrations opens

3- Photography Submission Deadline @ 5 pm

10- CDM Workshop

7-Ed Pres Workshop

17- St. Patricks Day!  
- HCLRA



21-Adult Leader/ County Council

24- Roundup Registration Closes

31- County Roundup

# APRIL 2022

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

2nd-Horse Judging

15th-Good Friday- Office Closed

18th-District Contests-Clothing & Textiles,

18- District- Consumer Decision Making

23rd- Livestock judging, Meat judging & identification

30th- District Roundup-Ed Pres, Public Speaking, Share The fun



Texas A&M AgriLife Extension Service – Hood County Office

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[Http://hood.agrilife.org](http://hood.agrilife.org)

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