

February

TEXAS A&M
AGRI LIFE
EXTENSION



4-H Club Meetings for February

Tolar 4-H - 1st Tuesday of the month at 6:30 pm at the Tolar Cornerstone.
See their [Facebook](#) pg. for updates.

Lipan 4-H - 1st Thursday of the month at 6:30 pm at the Community Center.
See their [Facebook](#) pg. for updates .

Sharp Shooters 4-H - Meets every Tuesday of the month at 6:30 pm at the Reunion Fairgrounds. Regular business meeting on the 1st Tuesday of each month. See their [Facebook](#) pg. for meeting updates.

Young Riders - 2nd Tuesday of the month at 7:00 pm at Triple Cross Cowboy Church in the Youth Barn. See their [Facebook](#) pg.

Cornerstone 4-H - 2nd Wednesday of every month at 3 pm at Cornerstone Christian Academy.

Lake Granbury Community 4-H - 2nd Monday of the month at 7:00 pm at the Hood County Reunion Grounds. See [Facebook](#) pg

K9 & Kids— Meets 1st & 2nd Thursday night at 6 pm at Reunion Grounds. No dogs for the third meeting. 3rd Thursday is Business meeting @ Granbury Baptist Church. 4th & 5th Thursdays are TBA .You must bring a vaccination record for each dog. See their [Facebook](#) pg.

Food & Fashion—Meets the second Sunday of the month from 4-6 pm at the Annex I Meeting Room.

*** Please follow Hood County 4-H [Facebook](#) pg. for news and updates.***

Buyers Plaques & Thank You Notes

As soon as we get the buyers Thank You Note lists from the Hood County Livestock Raisers, we will let you know.

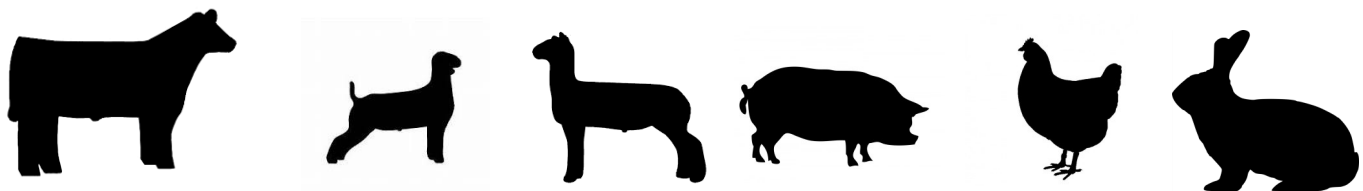
Remember :

- You will to take your buyers plaque to your buyer as soon as we get them in and you have picked them up from the Extension Office.
- You will need to write your thank you notes, put them in an un-sealed, addressed envelope with a stamp and bring them to the Extension Office.
- After we check it off our list, we will put it in the mail for you.

Hood County Livestock Raisers Association

The HCLRA meets on the 3rd Thursday of every month at 7:30 pm at the fairgrounds. We need more 4-H families to get involved with this group! They make the rules for the county show, up-keep the facilities and provide us a place and opportunity to show our projects. Next meeting is ***February 17,2022*** .

Congratulations to all of our 4-H Exhibitors that participated at the Hood County 2022 Stock Show!!!!





Brock Burdick
Caleb Jennings
Carter Jones
Carson Jones
Jon Lowe
Sydnie Matlock
Blake Parker
Jonah Peguero
Kelley Sanders

Record Books

Start recording information and taking pictures for your record book. Be sure to document your project well, whether it be an animal project, food and nutrition, etc. You'll need community service and leadership too! So volunteer to lead the pledge, set up for a 4-H club or project meeting or coordinate a community service project. Call us if you have questions.

Spring Contests

Spring contests are just around the corner! See below for county deadlines & district contest dates. If any of these interest you as a 4-H'er or adult volunteer, please contact Hannah or London. We are happy to assist !

* Continue to check Facebook for updates on all contest information *

County Deadlines

County Photography Registration-Feb. 14th-Mar.3@ 5pm

County Roundup Registration-(Education Presentation, Share-the-Fun, Public Speaking, CDM, Duds to Dazzle, ,Fashion Show, Storyboard) Mar 1-Mar 24th @ 5pm

County Roundup- March 31st @ 4pm

Exact contest times for Roundup to be released March 25

District Contest Dates

Horse Judging – April 2nd, 2022,

Livestock Judging , Meat Judging & Identification – April 23rd, 2022,

Photography Contest- April 30th 2022.

Clothing & Textiles Contest- Duds to Dazzle, Fashion Show, Fashion Story Board- April 18th, 2022,

Consumer Decision Making- April 18th, 2022.

District Roundup- Education Presentations, Public Speaking, Share the Fun- April 30th, 2022.

Rifle Match- May 7th, 2022.

District Horse Show- June 13-14, 2022.

Spring Contest Workshops

CDM Workshops

February 3rd & March 10 @ First Christian Church

Hood County 4-H



Consumer Decision Making

If you are interested in participating in the upcoming Consumer Decision Making contests, join us at these workshops. Whether your brand new or a seasoned competitor, these workshops are for you!

February 3rd
March 10th

5:30 PM at First Christian
Church of Granbury
(2109 W US Hwy 377)

Education Presentation Workshop



EDUCATIONAL

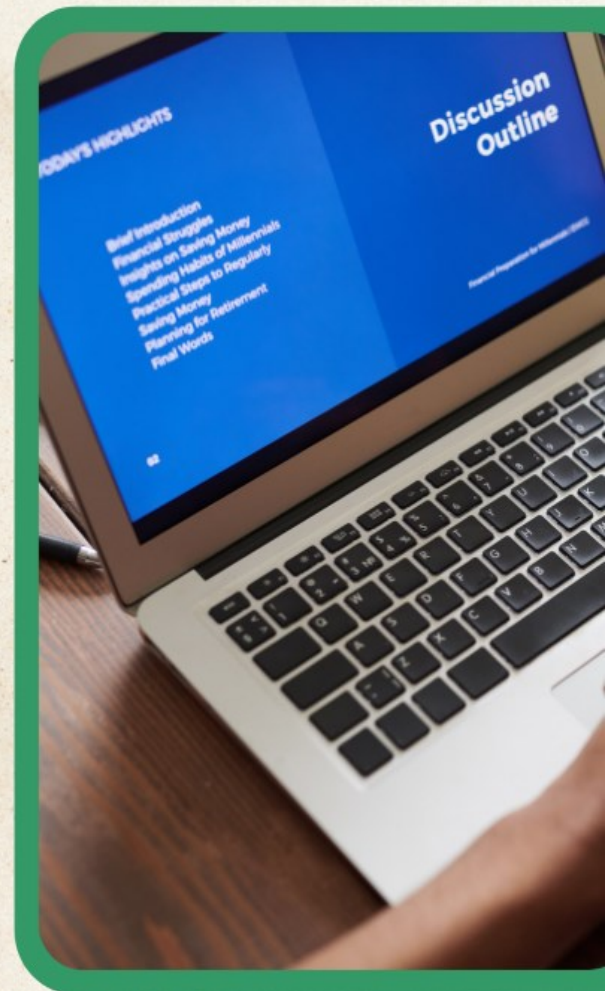
PRESENTATION

WORKSHOPS

February 15th- Brainstorm Night! If you need help finding your direction or topic, we are here to help!

March 7th- Presentation Prep & Practice!
Let's prepare and fine tune your presentation!

5:30 PM, LOCATION TBA



Photography Workshop

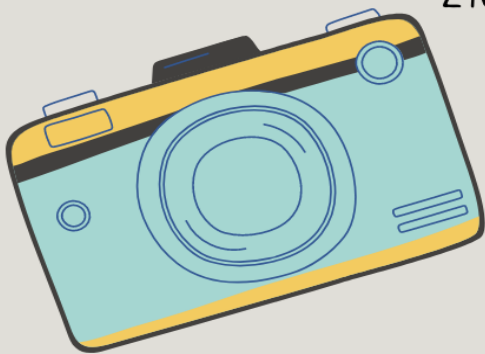


PHOTOGRAPHY WORKSHOP

February 10th @ 5:30 PM

FIRST CHRISTIAN CHURCH OF GRANBURY

2109 W US HWY 377



With Special Guest
Russell Huffman from
Hood County News

4-H CPR Training

Don't forget to mark your calendars for February 12th.

Please RSVP By Feb 4th to

Max or Nolan Davis– 817-901-7078



4-H CPR Training

Hood County 4-H is hosting Heartsaver CPR with first aid

February 12, 2022 from 9AM to 1PM

Granbury Baptist Church, 1200 Weatherford HWY. Granbury, TX

Cost of entry is \$40 per person

Please contact Nolan or Max Davis for more details: 817 901 7078



American
Heart
Association®

Heartsaver® First Aid CPR AED



Cherry Vanilla Ice Cream

Ingredients

- 2 cups frozen dark cherries
- 1 teaspoon vanilla extract
- 2 cups nonfat vanilla yogurt
- 1 cup fat free half & half

Instructions

1. Blend frozen cherries, vanilla extract, greek yogurt, and half & half in a large blender.
2. Pour into a baking loaf pan.
3. Cover and press against surface with wax paper and freeze until solid (1-2 hours).
4. Serve and enjoy! Top with a few pitted cherries.

Nutrition Facts

5 servings per container
Serving size 1 cup (193g)

Amount per serving
Calories **140**

% Daily Value*

Total Fat 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 75mg 3%

Total Carbohydrate 25g 9%

Dietary Fiber 1g 4%

Total Sugars 20g

Includes 0g Added Sugars 0%

Protein 9g

Vitamin D 1mcg 6%

Calcium 125mg 10%

Iron 0mg 0%

Potassium 200mg 4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



February 2022

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13		15	16	17	18	19
20	21	22	23	24	25	26
27	28					

3- CDM Workshop 5:30 @
First Christian Church

7-Ed Pres Workshop

10th- Photography Work-
shop, 5:30 @ FCC

12th- CPR Training

14- Happy Valentine's Day

15- Extension Office Closed
Presidents Day

-Ed Pres Workshop

17-HCLRA Meeting

March 2022

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

1-County Roundup Registra-
tions opens

3- Photography Submission
Deadline @ 5 pm

10- CDM Workshop

17- St. Patricks Day!
- HCLRA



21-Adult Leader/ County
Council

24- Roundup Registration
Closes

31- County Roundup

Texas A&M AgriLife Extension Service – Hood County Office

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[Http://hood.agrilife.org](http://hood.agrilife.org)

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